

Lifeenergy® Sauna

Most suitable:

- People lack physical activities and sweat detoxification
- Skin health/beauty
- Systemic and micro-circulation for people with chronic diseases and metabolic syndromes
- People with low energy



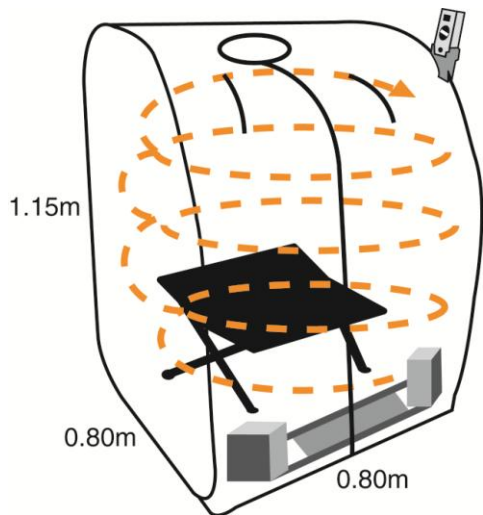
Patented Ceramic Semi-conductor Technology
Very safe: CE and GS certified
Far Infrared Rays of 4~14 microns

Vital Energy for Healthy Living

Jogging or foot care is good exercise and can improve the function of the sweat gland. Qigong is an ancient art form of the Chinese practice to maintain good health. It advances microcirculation in the body.

Lifeenergy® Sauna device is ideal for busy people as it takes about ten minutes every day to obtain the same benefits as jogging or practicing Qigong.

Lifeenergy® Sauna cover is coated with a unique reflecting material, together with a specially designed "whirlwind heater fan". It employs the most efficient method of producing far infrared ray energy that spreads evenly in the chamber; thus energy is easily absorbed and internalized by the body. The produced wavelength of energy is mainly 4-14 microns and is entirely compatible with the human body, thus the body's ability to conduct and absorb the energy, the skin will not burn even after a long stay inside the chamber (temperature can reach 60-70°C but the human body temperature remains constant); absolutely safe.

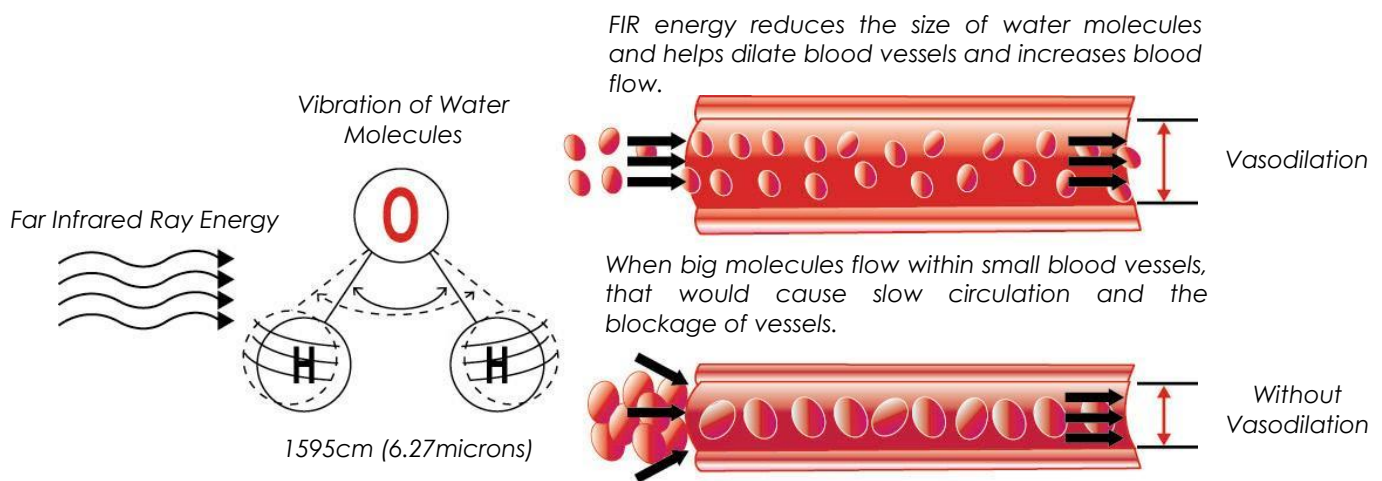


- Special reflective cover material and the FIR whirl ensures energy is evenly distributed in the cover: The body enjoys an experience similar to a hot spring bath.
- Even heat distribution, benefits comparable to a hot spring dip.

Improved Blood Circulation • Metabolism • Cellular Renewal

The continuous supply of far infrared energy in *Lifeenergy*® Sauna can narrow the molecular angle and reduce the size of water molecules (clusters); resonant absorption by the body's water molecules, protein, and organic molecules energizes the body's internal molecules and helps dilate blood vessels. When blood vessels are unblocked, blood pressure will not increase, preventing the possibility of vascular sclerosis (hardening of blood vessels).

Smooth blood flow throughout the blood capillaries of the whole body ensures a sufficient supply of nutrition to body cells; thus increases metabolic rate. Muscles and skin then regain elasticity and maintain the suppleness of youth.



***Lifeenergy*[®] Sauna is useful in slowing down the aging process, helps lose weight and improve skin condition. Eliminates body toxins as well as help prevent and eliminate chronic illnesses.**

Anti-aging

- *Lifeenergy*[®] Sauna makes water molecules in our body vibrate more vigorously. This increases blood circulation, so cells can get nutrition and oxygen more easily and eliminate toxins.
- *Lifeenergy*[®] Sauna allows blood vessels to dilate and open skin pores. This helps to relax the body and mind.
- Dilation of blood vessels helps in improving blood circulation and eliminates toxins from the body, thereby reduces burden on kidney, helping to prevent kidney failure. Cells can also get enough nutrition; muscles and the skin regain their elasticity. Wrinkles are prevented and the skin becomes more lusters.

Beauty and Detoxification

Lifeenergy[®] Sauna is excellent for increasing blood circulation to the skin, which is essential for beautiful, youthful, glowing skin. The result is a new “inner glow” as the skin is free of accumulated dirt and dry skin cells, due to deep cleansing of impurities. FIR improves the condition of acne, eczema, psoriasis, burns and any skin lesions and cuts. Open wounds heal quicker with reduced scarring. FIR removes roughness, firms and improves skin tone and elasticity.

Relaxation

Discharge of lactic acid through profuse sweating helps relax muscles. Accumulation of lactic acid causes tiredness and results in chronic fatigue over time. Regular use of *Lifeenergy*[®] Sauna bring effects of physical exercise without production of lactic acid, on top of that gets rid of lactic acid in our body, avoids accumulation and prevents premature degeneration of muscle tissues.

Prevention of Chronic Diseases

A sedentary life style, over eating and lack of physical exercise are identified as reasons for obesity, diabetes, heart disease, hypertension and stroke.

Lifeenergy[®] Sauna can play a pivotal role in the prevention and health maintenance of chronic diseases by weight control and cardiovascular conditioning.

Prevention of Abnormal Cells Growth

Toxic substances accumulate in our body due to free radicals. Examples include insecticides (used on fruits and vegetables), antibiotics (in poultry) and antiseptics (used on other foods) etc. The best way to prevent abnormal cell growth is to detoxify through perspiration. The human body has a self-healing ability. But its self-healing ability is dependent on the health cellular function with sufficient nutrition and effective detoxification. FIR energy improves blood circulation, and with sufficient nutrients and oxygen, there will be growth and cell reactivation, overcoming and preventing growth of abnormal cells.

“Detoxify or Die” – Restoring Total Wellness and Natural Healing Power

Dr Sherry Rogers, a leading environmental medicine authority outlines the scope of chemical pollution in our bodies in her book “Detoxify or Die” and show in detail how to prevent disease and treat chemical overload. She wrote “...far infrared sauna is far safer and infinitely more tolerable, because it uses a heat energy that penetrate tissues, triggering mobilization of chemicals from subcutaneous fat storage, directly into sweat” and “between 4 to 14 microns in the FIR spectrum, fall most of the rays that are the safest most vital to health and healing.”

Improvement of Blood Glucose Level

Viscous blood due to excessive blood glucose slows down blood flow, increases blood pressure and prevents the absorption of nutrients by the body's cell. In the long-term, viscous blood could cause eye complications, kidney problems, heart diseases and stroke.

Lifeenergy[®] Sauna is excellent in burning calories and produces the effect of cardiovascular conditioning, the positive results of physical exercise. Furthermore, *Lifeenergy*[®] Sauna provides FIR energy, which helps reduce the size of water molecule clusters and decrease the possibility of blood coagulation, thus improve blood flow.

Reduction of Uric Acid through Sweat

Gout is a very painful inflammatory arthritis caused by uric acid crystals forming in the joints. Supersaturated uric acid in the urine can crystallize to form kidney stones that may block the tubes that lead from the kidneys to the bladder.

Heavy uric acid builds up and gout may be relieved by using the *Lifeenergy*[®] Sauna. It is believed that urea and uric acid can be released more easily and frequently through sweating. It is also believed that only the *Lifeenergy*[®] Sauna can easily, conveniently and efficiently help the human body to release surplus uric acid without producing uric acid (as is the case in prolong exercise), and thus not causing a burden to the kidney.

It is suggested that when using the *Lifeenergy*[®] Sauna, that one drink a lot of water and eat alkaline food (green vegetables, sprouts and low sugar fruits), which will be helpful for those who suffer from having excess uric acid in their system (or gout).

