



## Perilla Tea

### Special Features

- Natural moisturizing & relaxing herbal tea

### Most Suitable for

- Indigestion (2 tea bags, 200cc hot water)
- Cold, flu, cough & phlegm
- Bronchitis
- Low blood (add elderberry)

### Main Benefits

- Promote the function of spleen and lungs to calm cough and clear phlegm and pus
- Reduce stomach discomfort
- Prevent cough and cold and improve respiratory function

### Ingredients/Process

- Perilla Leaves, Tangerine Peel, Licorice Root, Jasmine Flower, Five Leaf Ginseng(*Gynostemma Pentaphyllum*)

